



4th ANNUAL CAROLINA SPRING BREAK CLASSIC
Departamento de Recreación y Deportes de Carolina
Fundación Puertorriqueña Pro Desarrollo del Deporte de Atletismo (FUPPDA)
Municipio Autónomo de Carolina

Dear Coach,

We are cordially inviting you and your Team to participate in the 4th Annual Carolina Spring Break Classic organized by the City of Carolina and FUPPDA to be held March 21, 2009.

Please let us know, as soon as possible, the following:

1. Confirmation of Participation
2. Universities from abroad, if participating in the Camp, please send to us as soon as possible, date of arrival with all the details (airline, flight number, a break down of the number of participants (athletes-males and females, coaches, other support personnel, etc.)
3. Information on departure.

Send the above information to us via email: victorlp8@aol.com.

The City of Carolina is looking forward to hosting you and your athletes during this period therefore do not hesitate to contact us if you have any specific needs and questions.

Cordially,

Luis Reyes
Executive Director

Victor Lopez
President FUPPDA
Meet Director



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Competition Date:	Saturday March 21 st , 2009
Location:	City of Carolina Track and Field Stadium
Competition Divisions:	University athletes (including freshmen) and unattached/open athletes by invitation only.
Rules of the Competition:	IAAF rules.
Local Transportation:	The City of Carolina will provide local transportation to visiting universities from USA, to and from the airport, to and from the hotel to training venues and to and from competition site with previous arrangement with the Organizing Committee.
Facilities:	The City of Carolina has a track and field stadium with a 400 meter synthetic track, and seating capacity for 5,000 spectators with all field events facilities, a sport medicine facility and a weight room.
Parking:	There are plenty of parking spaces in the Roberto Clemente Sport Complex.
Sport Medicine:	Professional Sport Medicine Services will be provided by the Sport Medicine Department of the Carolina Sports School.



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Warm up:	The warm up will be located in the green area outside the second curve.
Call Room:	Athletes must check in at least an hour before their event at the tent located by the gate between the warm up area and the track.
Weight in:	All implements must be turn in and weighted in by the Technical Manager at least two (2) hours before the event for proper certification of such implements.
Officials:	La Asociacion de Oficiales de Atletismo Del Norte (AOAN) will be officiating the competition.
Timing and TIC	Manuel de Jesus/Domingo Cordero Meet Management & Timing System
Meet Manager & Referee:	Mr. Michael Serralta
Technical Managers	Prof. Reinaldo Oliver/Mr. Jorge Ortiz
Events to be contested:	100,200,400,800,1500,3000,100H,110H,400H,4x100, 4x400,LJ,HJ,TJ,PV,SP,DT,HT,JV
Entry Deadline:	<u>Entries must be done no later than Tuesday March 17th, 2009. You must do your entries by email to: Manuel de Jesus, mdejesus@sagrado.edu with copy to victorlp8@aol.com. No late entries will be accepted.</u>
Final Declarations:	<u>Final declarations must be done Saturday March 22th an hour before the start of your event. This is compulsory.</u>



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Awards: A T-shirt will be awarded to the first three places in all the individual events and relays.

Results: Will be posted as soon as possible in the bulletin board located behind the stands in the stadium and in the following web pages, www.sodmpr.com and www.cacac.tk

For more information contact:

Víctor López
Meet Director
PO Box 4770
Carolina, Puerto Rico 00984

Telephone: (787) 762-5400 – Office
(787) 791-7032 - Home

Fax: (787) 253-2982

Cellular (787) 367-1421

Email: victorlp8@aol.com



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TENTATIVE COMPETITION SCHEDULE

Running Events

11:00	4x100 (women)	University
11:15	4x100 (men)	University
11:25	1,500 (women)	University
11:35	1,500 (men)	University
11:50	100 H (women)	University
12:05	110 H (men)	University
12:20	400 (women)	University
12:30	400 (men)	University
12:40	100 (women)	University
1:00	100 (men)	University
1:30	800 (women)	University
1:50	800 (men)	University
2:15	400 H (women)	University
2:30	400 H (men)	University
2:45	200 (women)	University
3:00	200 (men)	University
3:15	3,000 (women)	University
3:30	3,000 (men)	University
3:45	4x400 (women)	University
3:55	4x400 (men)	University

Field Events

9:00 AM	Hammer Throw (Women) Followed by Men's Hammer	
11:00	Shot Put (women)	University
11:00	Discus (men)	University
11:00	Long Jump (men)	University
11:00	Pole Vault (men)	University
11:00	High Jump (women)	University
12:00	Shot Put (men)	University
12:00	Discus (women)	University
12:30	Long Jump (women)	University
1:00	Pole Vault (women)	University



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1:30	High Jump (men)	University
1:30	Javelin (women)	University
2:30	Javelin (men)	University
2:30	Triple Jump (women)	University followed by men's

**** FINAL COMPETITION SCHEDULE WILL BE DONE AFTER ALL THE ENTRIES ARE IN.**



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ENTRY FORM

University: _____

Category: Male:_____ **Female:**_____

Division: University____ **Club** ____

Event	Name:	Personal Best:	2008 Best
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100m	1. _____	_____	_____
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	2. _____	_____	_____
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200m	1. _____	_____	_____
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	2. _____	_____	_____
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400m	1. _____	_____	_____
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	2. _____	_____	_____
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800m	1. _____	_____	_____
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	2. _____	_____	_____
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1,500m	1. _____	_____	_____
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	2. _____	_____	_____
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3,000M	1. _____	_____	_____
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	2. _____	_____	_____
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100/110H	1. _____	_____	_____
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	2. _____	_____	_____
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400H 1. _____

2. _____

Long Jump 1. _____

2. _____

Triple Jump 1. _____

2. _____

High Jump 1. _____

2. _____

Pole Vault 1. _____

2. _____

Shot Put 1. _____

2. _____

Discus 1. _____

2. _____

Javelin 1. _____

2. _____

Hammer 1. _____

4x100m Yes: _____ No: _____

4x400m Yes: _____ No: _____



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Head Coach: _____

Office/Home Tel : _____

Cellular: _____

- **Please send your entries via email to Victor Lopez no later than Tuesday March 17th, 2009.**
- **Please include a time for the purpose of seeding your athlete in the running events. Athletes with no time will be seeded in the slowest heats.**