



**6<sup>th</sup> ANNUAL SPRING BREAK CLASSIC**  
**Puerto Rico Foundation for the Development of Athletics (FUPPDA)**  
**Puerto Rico Interuniversity Athletics League (LAI)**  
**Porta del Sol Athletics League**  
**City of Mayaguez, Puerto Rico**  
**March 19, 2011**

Dear Coach:

It is pleasure to extent to you and your University an invitation for the 6th Annual Spring Break Classic and 2011 LAI Relays Championship sponsored by the Puerto Rico Foundation for the Development of Athletics (FUPPDA) the LAI, The Porta del Sol Athletics League and the City of Mayaguez, Puerto Rico. The following universities from the USA will be competing this year: University of Kansas, University of Houston, Albany University, West Point University, Bethune Cookman University and the University of Long Island.

Please let us know, as soon as possible, the following:

1. Confirmation of Participation (If you already have done so, disregard this item).
2. Send to us as soon as possible, date of arrival with all the details (airline, flight number, a breakdown of the number of participants (athletes-males and females, coaches, other support personnel, etc.)
3. Information on departure.
4. A detailed training schedule.

Send the above information to us via email.

The City of Mayaguez is looking forward to hosting you and your athletes during this period therefore do not hesitate to contact us if you have any specific needs and questions.

Cordially,

Hon. José Guillermo Rodríguez  
 Mayor of the City of Mayaguez

Prof. Víctor López  
 President of FUPPDA  
 Meet Director

Lcdo. José E. Arrarás  
 LAI Commissioner

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- Competition Date: Saturday March 19, 2011
- Venue: José A. Figueroa Stadium, Mayaguez, Puerto Rico
- Participants: University student-athletes from invited universities from the USA members of the NCAA, students-athletes from the LAI who are academically and athletically illegible for the 2011 academic year and **invited athletes from the Puerto Rico National Team.**
- Rules of the Competition: IAAF Rules and LAI Rules when applicable.
- Local Transportation: The City of Mayaguez will provide local transportation to visiting universities from USA to and from the hotel to training venues and to and from competition site with previous arrangement with the Organizing Committee.
- Facilities: The City of Mayaguez has a state of the art track and field stadium with a 400 meter IAAF Certified Class 2, Mondo Sport Flex Super X synthetic track, with seating capacity for 12,000 spectators with multiple field events facilities.
- Parking: There are plenty of parking spaces in the Mayaguez Sport Complex.
- Medical Services: Paramedics will be on site for any emergency as well as an ambulance.
- Warm up: The José A. Figueroa Stadium has a 200 meter Mondo track adjacent for warm up with horizontal & vertical jumps and shot put warm up facilities. For the long throws the competitors will be escorted to the competition site at least one hour before the start of the event to do their specific warm up.



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- Trainers: Tents will be provided in the warm up area for school trainers.
- Call Room & Check In: Athletes in running events must check in at least an hour before their event at the tent located in the warm up area. Athletes that do not comply with this rule will be scratch from the event. Fifteen minutes before the start of their event they will be escorted to the competition site. In the field events they will be escorted to the competition site one hour before the start of the event.
- Spikes: Only 6mm (1/4") Pyramid or Christmas Tree Spikes would be allow in the running shoes except in the javelin and high jump shoes where 9mm (3/8") Pyramid and Christmas Tree Spikes will be allowed. **No needle spikes will be allowed.**
- Weight in: All implements must be turn in and weighted in by the Technical Manager at least two (2) hours before for proper certification of such implements. The Organizing Committee will provide IAAF Certified official implements in case the athletes do not have personal implements.
- Attempts In the throwing events and in the horizontal jumps each competitor will have four attempts.
- Officials: La Asociación de Jueces de Atletismo del Oeste will be officiating the competition.
- Secretariat and Management: Sport and Officiating and Data Management (SODM)  
Prof. Manuel de Jesús
- Photofinish & Timing: NOCESA SPORT – Profs. Wilson Morales/Noel Cedeño
- Meet Director Prof. Victor Lopez



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Deputy Meet Director: Prof. Cándido Vélez  
Meet Referee

Technical Manager Mr. Jorge Ortiz

Open Events to be contested: 100,200,800, 3,000, 100H,110H,400H  
LJ,HJ,TJ,PV,SP,DT,HT,JV.

Relays to be contested: 4x100, 4x400, 4x800, 4x100H, 4x110H, DMR, SMR

Entries: Entries must be done online, at [www.sodmpr.com](http://www.sodmpr.com). no later than Tuesday March 15<sup>th</sup>, 2011 and send to Prof. Manuel de Jesus at [mdejesus@sagrado.edu](mailto:mdejesus@sagrado.edu) , with copy to [victorlp8@aol.com](mailto:victorlp8@aol.com). No late entries will be accepted. Please enter all your athletes no matter if he or she is running relays, only.

In the both field and running invitational events **the top 16 athletes in the LAI ranking up to the deadline of entries, Tuesday March 15<sup>th</sup>, will be invited from the local universities.** The USA universities and members of the Puerto Rico National Team will be allow a maximum of four (4) athletes in the invitational events.

Since we are running heats against time it is a must that you enter a seeded time for each competitor in the open events including field events and for each relay. Failing to do this means that your athlete or relay will be seeded in a slow heat or a weak group.

Technical Meeting: **Technical Meeting and Welcome Reception for coaches will be held Friday March 18 at 6:00 PM at the VIP Room (3<sup>rd</sup> Floor), of the Isidoro Garcia Baseball Stadium, located adjacent to the Track and Field Stadium** . Bib numbers and start list will be distributed at that time.

Uniforms: Athletes must wear the official school uniform as stated by the



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NCAA and LAI rules. Uniforms and spikes length will be checked at the call room.

- Bib Numbers** Bib numbers will be used and must be worn on the front, except in the pole vault.
- Awards:** A T-shirt will be awarded to the first three places in all the Open individual events and to the team winner in each relay.
- Results:** Will be distribute as soon as possible in the press room located underneath the stands in the stadium and will be published in the following web pages, [www.sodmpr.com](http://www.sodmpr.com), [www.cacacathletics.org](http://www.cacacathletics.org), [www.atletismofapur.com](http://www.atletismofapur.com).
- Dinner/Reception:** The City of Mayaguez will be giving a Dinner Reception on Saturday March 19 for all members of the visiting teams from the USA . The Dinner will be at 9:00 PM at the VIP Room (3<sup>rd</sup> Floor) of the Isidoro Garcia Baseball Stadium which is located next to the Track and Field Stadium.

For more information contact:

Víctor López  
Meet Director  
PO Box 4770  
Carolina, Puerto Rico 00984  
Telephone: (787) 791-7032 - Home  
Fax: (787) 253-2982  
Cellular (787) 367-1421  
Email: [victorlp8@aol.com](mailto:victorlp8@aol.com)

Or

Manuel de Jesus  
SODM  
Meet Management



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[dejesusbenitez@hotmail.com](mailto:dejesusbenitez@hotmail.com) or [mdejesus@sagrado.edu](mailto:mdejesus@sagrado.edu)

Tel. (787) 642-5311

**TIMETABLE**  
**RUNNING EVENTS**

*Revised Wednesday March 16, 2011*

2:30 – 400H (W) Invitational  
2:45 - 400 H (M) Invitational  
3:00 – 4x100 (M) Invitational  
3:15 – 4x100 (W) Invitational  
3:30 – 3,000m (W) Invitational  
3:45 – 3,000m (M) Invitational  
**4:00 – DMR (W) LAI**  
**4:15 – DMR (M) LAI**  
**4:30 – 4x100 (W) LAI**  
**4:40 – 4x100 (M) LAI**  
5:00 – 100H (W) Invitational  
5:05 – 110H (M) Invitational  
**5:20 – 4x100H (W) LAI**  
**5:40 – 4x110H (M) LAI**  
6:05 – 100m (W) Invitational  
6:10 – 100m (M) Invitational  
**6:30 – SMR (W) LAI**  
**6:40 – SMR (M) LAI**  
6:50 – 800 (W) Invitational  
7:00 - 800 (M) Invitational  
**7:15 – 4x800 (W) LAI**  
**7:30 – 4x800 (M) LAI**  
7:50 – 200 - (W) Invitational  
7:55 – 200 (M) Invitational  
8:00 – 4x400 (W) Invitational  
8:05 – 4x400 (M) Invitational  
**8:10 – 4x400 (W) LAI**  
**8:20 – 4x400 (M) LAI**  
**8:30 – 10,000m (W) followed by men**





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**FIELD EVENTS**  
**INVITATIONAL**

- 1:00 PM– Hammer Throw (W) followed by Men's
- 2:00 PM – Shot Put (W) followed by Men's
- 2:00 PM – Long Jump (M) followed by Women's
- 2:00 PM – Pole vault (W) followed by Men's
- 4:00 PM – High Jump (M) followed by Women's
- 4:00 PM – Discus (W) followed by Men's
- 5:00 PM – Triple Jump (M) followed by women
- 6:30 PM – Javelin (W) followed by Men's