



**7<sup>th</sup> ANNUAL CAROLINA SPRING BREAK CLASSIC**  
**City of Carolina Sport and Recreation Department**  
**Puerto Rico Foundation for the Development of Athletics (FUPPDA)**  
**City of Carolina**  
**March 16, 2013**

Dear Coach:

It is a pleasure to extend to you and your University an invitation for the 7th Annual Carolina Spring Break Classic sponsored by, the Department of Sport and Recreation of Carolina and the Puerto Rico Foundation for the Development of Athletics (FUPPDA).

Please let us know, as soon as possible, the following:

1. Confirmation of Participation (If you already have done so, disregard this item).
2. Send to us as soon as possible, date of arrival with all the details (airline, flight number, a breakdown of the number of participants (athletes-males and females, coaches, other support personnel, etc.)
3. Information on departure.
4. A detailed training schedule.

Send the above information to us via email.

The City of Carolina is looking forward to hosting you and your athletes during this period therefore do not hesitate to contact us if you have any specific needs and questions.

Cordially,

Victor Lopez  
Meet Director

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- Competition Date: Saturday March 16, 2012
- Location: University of Puerto Rico – Rio Piedras Track and Field Stadium
- Competition Divisions: University athletes from invited universities from USA and LAI and **invited athletes from the Puerto Rico National Team.**
- High School: There will be several special running events for junior/youth athletes with the following restrictions. **Two athletes** in each gender from each of the Carolina clubs (Perchy, Gigantes, Fontana) (Six athletes total) and the next two athletes from the national ranking up to the Tuesday before the Meet. In other words we will run just one heat of eight athletes with four or six, depending the entries from the Carolina Clubs. In the 800 mts. girls we will run **12 athletes** with each Carolina club entering up to three athletes (Nine totals) and the next three athletes selected from the national ranking.
- In the relays each Carolina club could enter **one relay** in each gender and the other five relays will be invited from the national ranking.
- Rules of the Competition: IAAF rules.
- Local Transportation: The City of Carolina will provide local transportation to visiting universities from USA, to and from the airport, to and from the hotel to training venues and to and from



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competition site with previous arrangement with the Organizing Committee.

- Facilities: The University of Puerto Rico – Rio Piedras Campus has a track and field complex with two 400 meter synthetic tracks. One will be used as a warm up track and the main track as the competition track .
- Parking: Parking will be available in front of the physical education building and around the track and field complex but is limited .
- Medical Services: Paramedics will be on site for any emergency as well as an ambulance.
- Warm up: The warm up area will be located at the old track adjacent to the main stadium
- Trainers: Tents will be provided in the warm up area for school trainers.
- Call Room: Athletes in running events must check in at least an hour before their event at the tent located in the warm up area. Athletes that do not comply with this rule will be scratch from the event. We will use a rolling schedule. After all the entries are in we will produce a timetable but it will be used only as a guideline.
- Weight in: All implements must be turn in and weighted in by the Technical Manager at least two (2) hours before the start of the first throwing event each day for proper certification of such implements.
- Attempts In the throwing events and in the horizontal jumps the athletes will compete in groups and each competitor will have four attempts.



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Officials: La Asociación de Oficiales de Atletismo del Norte (AOAN) will be officiating the competition.

Secretariat Prof. Manuel de Jesus - S.O.D.M. Meet Management

Photo Finish NOCESA SPORT – Profs. Wilson Morales/Noel Cedeño

Technical Delegate & Referee: Prof. Michael A. Serralta

Technical Manager Mr. Jorge Ortiz

Events to be contested: University Men/Women  
100,200,400,800,1500,3000,100H,110H,400H,4x100,4x400  
LJ,HJ,TJ,PV,SP,DT,HT,JV

High School Events:  
Boys – 100m, 400m, 110H, 400H, 4x100, 4X400  
Girls – 100m, 800m, 100H, 4x100, 4x400

Entries: Entries must be done online no later than Tuesday March 12<sup>th</sup>, 2013 at [www.sodmpr.com](http://www.sodmpr.com) to Manuel de Jesus, [mdejesus@sagrado.edu](mailto:mdejesus@sagrado.edu) with copy to [victorlopezpgp@gmail.com](mailto:victorlopezpgp@gmail.com). **No late entries will be accepted.**

Each university could enter a maximum of four (4) participants per event.

Since we are running heats against time it is a must that you enter a seeded time for each competitor. Failing to do this means that your athlete will be seeded in a slow heat.



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In the throwing events and in the horizontal jumps the athletes will compete in groups and each athlete will have

four attempts. Also, the athletes will be grouped by best marks therefore, please enter your athlete's best mark.

Final Declarations: Final declarations and scratches in running events must be done at least an hour before the start or as soon as possible. This is compulsory and the head coach must notify Prof. Manuel de Jesus at the Secretariat. Field events participants must report directly to the competition site.

Uniforms: Athletes must wear the official school or club uniform.

Bib Numbers Bib numbers will be used only by athletes in running events and must be worn on the front.

Awards: A T-shirt will be awarded to the first three places in all the individual events and relays.

Results: Will be posted as soon as possible in the bulletin board located behind the stands in the stadium and in the following web pages, [www.sodmpr.com](http://www.sodmpr.com), [www.americasathletics.org](http://www.americasathletics.org).

For more information contact:

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**TENTATIVE COMPETITION SCHEDULE**

**Running Events**

10:40	4X100 (girls)	Youth/Junior Clubs
10:50	4x100 (boys)	Youth/Junior Clubs
11:00	4x100 (women)	University
11:15	4x100 (men)	University
11:25	1,500 (women)	University
11:35	1,500 (men)	University
11:50	100 H (girls)	Youth/Junior
12:00	100 H (women)	University
12:15	110 H (boys)	Youth.Junior
12:30	110 H (men)	University
12:35	400 (boys)	Youth/Junior
12:45	400 (women)	University
12:55	400 (men)	University
13:00	100 (girls)	Youth/Junior
1:20	100 (boys)	Youth/Junior
1:30	100 (women)	University
2:00	100 (men)	University
2:10	800 (girls)	Youth/Junior
2:30	800 (women)	University
2:35	800 (men)	University
3:00	400 H (women)	University
3:15	400 H (boys)	Youth/Junior
3:30	400 H (men)	University
3:35	200 (women)	University
3:55	200 (men)	University
4:05	3,000 (women)	University



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4:20	3,000 (men)	University
4:30	4x400 (girls)	Youth/Junior
4:40	4x400 (boys)	Youth/Junior
4:50	4x400 (women)	University
5:05	4x400 (men)	University

**Field Events**

9:00 AM	Hammer Throw (Women) Followed by Men's Hammer	
11:00	Shot Put (women)	University
11:00	Discus (men)	University
11:00	Long Jump (men)	University
11:00	Pole Vault (men)	University
11:00	High Jump (women)	University
12:00	Shot Put (men)	University
12:00	Discus (women)	University
12:30	Long Jump (women)	University
1:00	Pole Vault (women)	University
1:30	High Jump (men)	University
1:30	Javelin (women)	University
2:30	Javelin (men)	University
2:30	Triple Jump (women)	University followed by men's

**\*\* FINAL COMPETITION SCHEDULE WILL BE DONE AND ADJUSTED AFTER ALL THE ENTRIES ARE IN.**