



8th ANNUAL CAROLINA SPRING BREAK CLASSIC
City of Carolina Sport and Recreation Department
Puerto Rico Foundation for the Development of Athletics (FUPPDA)
City of Carolina
March 22, 2014

Dear Coach:

It is pleasure to extent to you and your University an invitation for the 8th Annual Carolina Spring Break Classic sponsored by, the Department of Sport and Recreation of Carolina and the Puerto Rico Foundation for the Development of Athletics (FUPPDA).

Please let us know, as soon as possible, the following:

1. Confirmation of Participation (If you already have done so, disregard this item).
2. Send to us as soon as possible, date of arrival with all the details (airline, flight number, a breakdown of the number of participants (athletes-males and females, coaches, other support personnel, etc.)
3. Information on departure.
4. A detailed training schedule.

Send the above information to us via email.

The City of Carolina is looking forward to hosting you and your athletes during this period therefore do not hesitate to contact us if you have any specific needs and questions.

Cordially,

Victor Lopez

Competition Director

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- Competition Date: Saturday March 22, 2014
- Location: Basilio Rodriguez Track and Field Stadium - Carolina
- Competition Divisions: University athletes from invited universities from USA and LAI and invited athletes from the Puerto Rico National Team.
- High School: There will be several special running events for high school and junior/youth athletes with the following restrictions. Two athletes in each gender from each of the Carolina clubs (Six athlete's total) and the next two athletes from the national ranking up to the Tuesday before the Meet. In other words we will run just one heat of eight athletes with four or six, depending the entries from the Carolina Clubs. In the 800 mts. girls we will run 12 athletes with each Carolina club entering up to three athletes (Nine totals) and the next three athletes selected from the national ranking.
- In the relays each Carolina club could enter one relay in each gender and the other five relays will be invited from the national ranking.
- Rules of the Competition: IAAF rules.
- Local Transportation: The City of Carolina will provide local transportation to visiting universities from USA, to and from the airport, to and from the hotel to training venues and to and from competition site with previous arrangement with the Organizing Committee.



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- Facilities:** The City of Carolina has a track and field stadium with a 400 meter synthetic track, and covered seating capacity for 5,000 spectators with all field events facilities, a sport medicine facility and a weight room.
- Parking:** There are plenty of parking spaces in the Roberto Clemente Sport Complex.
- Medical Services:** Paramedics will be on site for any emergency as well as an ambulance.
- Warm up:** The warm up area will be located in the green area outside the second curve. Whenever possible athletes can use the back straightaway for accelerations.
- Trainers:** Tents will be provided in the warm up area for school trainers.
- Call Room:** Athletes in running events must check in at least an hour before their event at the tent located in the warm up area. Athletes that do not comply with this rule will be scratch from the event. We will use a rolling schedule. After all the entries are in we will produce a timetable but it will be used only as a guideline.
- Weight in:** All implements must be turn in and weighted in by the Technical Manager at least two (2) hours before the start of the first throwing event each day for proper certification of such implements.
- four** Attempts In the throwing events and in the horizontal jumps the athletes will compete in groups and each competitor will have attempts.



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- Officials: La Asociación de Oficiales de Atletismo del Norte, Inc. (AOAN) will be officiating the competition.
- Secretariat: Prof. Manuel de Jesus - S.O.D.M. Meet Management
- Photo Finish: NOCESA SPORT – Profs. Wilson Morales/Noel Cedeño
- Technical Delegate-Referee: Prof. Michael A. Serralta
- Technical Director: Mr. Jorge Ortiz
- Events to be contested: University Men/Women
100, 200, 400, 800, 1500, 3000100H, 110H, 400H, 4x100,
4x400LJ, HJ, TJ, PV, SP, DT, HT, JV
- High School Events:
Boys – 100m, 400m, 110H, 400H, 4x100, 4X400
Girls – 100m, 800m, 100H, 4x100, 4x400
- Entries: Entries must be done online no later than Tuesday March 18th, 2014 at www.sodmpr.com to Manuel de Jesus, mdejesus@sagrado.edu with copy to victorlopezppq@gmail.com
No late entries will be accepted.

Each university could enter a maximum of four (4) participants per event. Since we are running heats against time it is a must that you enter a seeded time for each competitor. Failing to do this means that your athlete will be seeded in a slow heat.

In the throwing events and in the horizontal jumps the athletes will compete in groups and each athlete will have four attempts. Also, the athletes will be grouped by best marks therefore, please enter your athlete's best mark.



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Final Declarations: Final declarations and scratches in running events must be done at least an hour before the start or as soon as possible. This is compulsory and the head coach must notify Prof. Manuel de Jesus at the Secretariat. Field events participants must report directly to the competition site.

Uniforms: Athletes must wear the official school or club uniform. Bib Numbers Bib numbers will be used only by athletes in running events and must be worn on the front.

Awards: A T-shirt will be awarded to the first three places in all the individual events and relays.

Results: Will be posted as soon as possible in the bulletin board located behind the stands in the stadium and in the following web pages, www.sodmpr.com and www.cacacathletics.org.

For more information contact:

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Competition Director
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TENTATIVE COMPETITION SCHEDULE

Running Events

10:40	4X100 (girls)	High School
10:50	4x100 (boys)	High School
11:00	4x100 (women)	University
11:15	4x100 (men)	University
11:25	1,500 (women)	University
11:35	1,500 (men)	University
11:50	100 H (girls)	High School
12:00	100 H (women)	University
12:15	110 H (boys)	High School
12:30	110 H (men)	University
12:35	400 (boys)	High School
12:45	400 (women)	University
12:55	400 (men)	University
13:00	100 (girls)	High School
1:20	100 (boys)	High School
1:30	100 (women)	University
2:00	100 (men)	University
2:10	800 (girls)	High School
2:30	800 (women)	University
2:35	800 (men)	University
3:00	400 H (women)	University
3:15	400 H (boys)	High School
3:30	400 H (men)	University
3:35	200 (women)	University
3:55	200 (men)	University
4:05	3,000 (women)	University
4:20	3,000 (men)	University
4:30	4x400 (girls)	High School
4:40	4x400 (boys)	High School
4:50	4x400 (women)	University
5:05	4x400 (men)	University



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TENTATIVE COMPETITION SCHEDULE

Field Events

8:30 AM	Hammer Throw (Women) Followed by Men's Hammer	
11:00	Shot Put (women)	University
11:00	Discus (men)	University
11:00	Long Jump (men)	University
11:00	Pole Vault (men)	University
11:00	High Jump (women)	University
12:00	Shot Put (men)	University
12:00	Discus (women)	University
12:30	Long Jump (women)	University
1:00	Pole Vault (women)	University
1:30	High Jump (men)	University
1:30	Javelin (women)	University
2:30	Javelin (men)	University
2:30	Triple Jump (women) University followed by men's	

**** FINAL COMPETITION SCHEDULE WILL BE DONE AND ADJUSTED AFTER ALL THE ENTRIES ARE IN.**