



## **15<sup>th</sup> CAROLINA SPRING BREAK CLASSIC**

City of Carolina, Puerto Rico  
Department of Sports of the City of Carolina  
North America, Central America, and Caribbean Athletics Association – NACAC AA  
Puerto Rico Athletic Federation – FAPUR  
Puerto Rico Foundation for the Development of Athletics (FUPPDA)  
March 18-20, 2021

Dear Coach, Dear WA Federation:

It is pleasure to extent to you and your Federation/University/Club an invitation for the 15th Annual Carolina Spring Break Classic sponsored by The Department of Sports of the City of Carolina, the WA-NACAC AA, by The Puerto Rico Athletics Federation – FAPUR and the Puerto Rico Foundation for the Development of Athletics (FUPPDA).

As you are all aware due to the Pandemic of COVID-19 we were forced to cancel the Annual Carolina Spring Break Classic in 2020 and now we can stage the Meet this year in a brand-new track, that had been installed in the Basilio Rodriguez Stadium in the City of Carolina. The Organization of the Carolina Spring Break Classic will be held in compliance with all the Puerto Rico Health Department requirements.

### **SPECIAL TECHNICAL & ORGANIZATIONAL RULES AND REGULATIONS ESTABLISHED IN ORDER TO COMPLY WITH THE CURRENT SITUATION DUE TO THE COVID-19:**

- There will be no spectators present at any moment before, during and after the meet.
- Field events will have a total of four (4) attempts per participant.
- The meet will be for Senior International Athletes from WA National Federations, University Students-Athletes, High Performance Club Athletes and U20 athletes that meet the standards within the top best marks of the projected number of entries for each event. For the selection of the participants in each event we will take in consideration the marks of 2019 and/or 2020 or any legit mark done in 2021. The Meet Organizational Committee will have the absolute right to accept or not the individuals(s) entries.





(DUE TO COVID-19 SCENARIO, THE MAXIMUM EVENTS AND ENTRIES ALLOCATED FOR THIS YEAR EDITION ARE THE FOLLOWING)

EVENT(S)	GENDER	ENTRIES
100 meters	F	24
100 meters	M	24
200 meters	F	24
200 meters	M	24
400 meters	F	16
400 meters	M	16
800 meters	F	8
800 meters	M	8
1500 meters	F	12
1500 meters	M	12
100 meters Hurdles	F	8
400 meters Hurdles	F	8
4x100 meters Relay	F	12 teams
4x100 meters Relay	M	12 teams
4x400 meters Relay	F	4 teams
4x400 meters Relay	M	4 teams
Long Jump	F	8
Long Jump	M	8
Triple Jump	F	8
Triple Jump	M	8
High Jump	F	8
High Jump	M	8
Shot Put	F	8
Shot Put	M	8
Javelin Throw	F	8
Javelin Throw	M	8
Hammer Throw	F	8
Hammer Throw	M	8

Events run in lanes will have an open lane between each participant.  
(100m, 200m, 400m, 4x100m).





The Department of Health and the Department of Sports of the City of Carolina will provide the support and the control of the health requirements for each person (athletes, coaches, technical officials, technical support personnel and the limited media personnel, that will be allowed to enter the facilities).

- 1. ALL ATHLETES, OFFICIALS, COACHES, TECHNICAL PERSONNEL, MEDIA PERSONNEL AND ANYONE THAT WILL BE INVOLVED WITH THE MEET ORGANIZATION AND THE COMPETITION MUST PRESENT AN OFFICIAL ID AND A CERTIFICATE WITH THE NEGATIVE RESULT OF THE COVID - 19 ANTIGEN TEST DONE WITHIN 72 HOURS OF THE START OF THE MEETING.**
- 2. ATHLETES COMING FROM OUTSIDE PUERTO RICO MUST PRESENT A CERTIFICATE WITH THE PCR NEGATIVE COVID-19 TEST DONE 72 HOURS PRIOR TO ARRIVAL IN PUERTO RICO. THE USE OF THE MASK WILL MUST BE REQUIRED AT ALL TIMES EXCEPT WHEN THE ATHLETE IS ACTUALLY COMPETING. IN FIELD EVENTS THE ATHLETE(S) WILL BE REQUIRED TO USE THE MASK WHILE HE OR SHE IS NOT COMPETING.**
- 3. THAT DISINFECTANT WITH AT LEAST 70% ALCOHOL WILL BE PROVIDED AT ALL TIMES IN ALL PLACES WHERE THERE WILL BE CONCENTRATION OF ATHLETES AND OTHER PERSONAL, RESTROOMS, AREAS OF COMPETITIONS, SECRETARIAT, ENTRANCE TO THE STADIUM, SPORTS IMPLEMENTS, ETC.**
- 4. THAT THERE WILL BE NO SALE OF ANY TYPE IN THE STADIUM AND ADJACENT PLACES.**

IN ORDER FOR THE FANS, PARENTS, PUBLIC, ETC., TO BE ABLE TO SEE THE COMPETITION THE MEET WILL BE BROADCASTED LIVE VIA FACEBOOK LIVE AND OTHER LIVE STREAM PLATFORM.

For invited participants from outside Puerto Rico, please let us know, as soon as possible, the following:

1. Confirmation of Participation.
2. Send to us as soon as possible, date of arrival with all the details (airline, flight number, a breakdown of the number of participants (athletes-males and females, coaches, other support personnel, etc.)
3. Information on departure.
4. A detailed training schedule if you are arriving before the competition days.

Send the above information to us via email.

The City of Carolina and the Organizing Committee is looking forward to hosting you and your athletes, therefore do not hesitate to contact us if you have any specific needs and questions.

Cordially,

**ORGANIZING COMMITTEE**

Prof. Víctor López – Founder/ President of FUPPDA & Meet Organizer

Prof. Luis Reyes – Director of the Department of Sports – City of Carolina

Prof. Luis Dieppa – President of FAPUR

Prof. Michael Serralta – NACAC Technical Delegate





- Competition Dates:** Thursday, March 18 to Saturday, March 20, 2021
- Location:** Basilio Rodriguez Athletic Stadium, Carolina, Puerto Rico
- Competition Divisions:** University athletes from invited universities from USA and LAI and invited athletes from the Puerto Rico National Team and international athletes from the NACAC Area and other WA National federation.
- Rules of the Competition:** WA rules and NCAA where they may apply.
- Local Transportation:** The City of Carolina will provide local transportation to visiting universities from USA and invited international athletes, to and from the airport, to and from the hotel to training venues and to and from competition site with previous arrangement with the Organizing Committee. You must let us know your arrival and departure itinerary training program beforehand.
- Facilities:** The Basilio Rodriguez Stadium has a brand new 400 meters Beynon Class 2 WA Certified track, and seating capacity for 3,000 spectators with all field events facilities.
- Parking:** There are plenty of parking spaces at the facilities.
- Medical Services:** Paramedics will be on site for any emergency as well as an ambulance.
- Warm up:** Preliminary warm up will be done in the basketball arena if it is available and in the road behind the arena before reporting to the call room.
- Trainers:** Tents will be provided in the green areas outside lane eight and at the green area after the finish line.
- Call Room:** Athletes in running events must check in at least an hour before their event at the Secretariat and call room area. Athletes that do not comply with this rule will be scratch from the event.





- Weight in: All implements must be turn in and weighted in by the Technical Director at least two (2) hours before the start of the first throwing event each day for proper certification of such implements. Attempts In the throwing events and in the horizontal jumps the athletes will compete in groups and each competitor will have four attempts.
- NACAC Technical Delegate: Prof. Michael A. Serralta
- Officials: The AOAN will be officiating the competition.
- Secretariat: Prof. Manuel de Jesus - S.O.D.M. Meet Management
- Photo Finish: TIEMPO DE LLEGADA, INC. – Profs. Wilson Morales/Noel Cedeño
- Competition Director: Prof. Ana A. Sabala
- Technical Director: Prof. Jorge L. Ortiz
- Entries: Entries must be done online no later than Friday, March 12th, 2021, to Prof. Manuel De Jesús using the official entry form at, [www.sodmpr.com](http://www.sodmpr.com) to Manuel de Jesus, [manuel.dejesus@sagrado.edu](mailto:manuel.dejesus@sagrado.edu) with copy to Prof. Michael Serralta, at [mserralta.nacac@gmail.com](mailto:mserralta.nacac@gmail.com) . No late entries will be accepted.

Since we are running heats against time it is a must that you enter a legit time for each competitor. Failing to do this means that your athlete will not be accepted in the meeting.

Final Declarations: Final declarations and scratches in running events must be done at least an hour before the start or as soon as possible. This is compulsory, and the head coach must notify Prof. Manuel De Jesús or Prof. Noel Cedeño at the Secretariat. Field events participants must report directly to the competition site.

Uniforms: Athletes must wear the official school or club uniform. Bib numbers will be issued to all athletes and must be used by all the athletes.





Awards: A T-shirt will be awarded to the first three places in all the individual events and relays. There will be two events with prize money, 400 hurdles female and 800 meters male. The prize money breakdown will be: \$500.00, \$300.00, \$200.00. For the first three places.

Results: Will be posted as soon as possible in the bulletin board located behind the stands in the stadium and in the following web page: [tiempodellegada.com](http://tiempodellegada.com) .

**Note:**

**We would like to clarify for people who are not aware of athletics that the maximum number of people within the area of Competition will not be more than thirty-five (35) people. This includes athletes, officials, and support staff. These measures have been taken to follow protocol COVID-19 safety.**





## COMPETITION SCHEDULE

### SCHEDULE OF EVENTS – DAY 1 – THURSDAY, MARCH 18, 2021

TIME	EVENTS	GENDER	PARTICIPANTS
09:00hrs	Hammer Throw	F	8
09:00hrs	Shot Put	M	8
11:30hrs	Shot Put	F	8
12:00hrs	Hammer Throw	M	8
15:00hrs	Javelin Throw	F	8
17:00hrs	Javelin Throw	M	8

### SCHEDULE OF EVENTS – DAY 2 – FRIDAY, MARCH 19, 2021

TIME	EVENTS	GENDER	SERIES	PARTICIPANTS
09:00hrs	Long Jump	F	-	8
11:30hrs	Long Jump	M	-	8
15:00hrs	400 meters Hurdles	F	1	4
15:15hrs	400 meters Hurdles	F	2	4
15:45hrs	4x100 meters Relay	F	1	16
16:00hrs	4x100 meters Relay	M	1	16
16:15hrs	1,500 meters	F	1	12
16:30hrs	1,500 meters	M	1	12
16:45hrs	200 meters	F	1	4
16:55hrs	200 meters	F	2	4
17:05hrs	200 meters	F	3	4
17:15hrs	200 meters	F	4	4
17:25hrs	200 meters	F	5	4
17:35hrs	200 meters	F	6	4
17:45hrs	200 meters	M	1	4
17:55hrs	200 meters	M	2	4
18:05hrs	200 meters	M	3	4
18:15hrs	200 meters	M	4	4
18:25hrs	200 meters	M	5	4





### SCHEDULE OF EVENTS – DAY 3 – SATURDAY, MARCH 20, 2021

TIME	EVENTS	GENDER	SERIES	PARTICIPANTS
09:00hrs	High Jump	F	-	8
09:00hrs	Triple Jump	F	-	8
11:30hrs	High Jump	M	-	8
11:30hrs	Triple Jump	M	-	8
15:00hrs	100 meters Hurdles	F	1	6
15:25hrs	100 meters	F	1	4
15:35hrs	100 meters	F	2	4
15:45hrs	100 meters	F	3	4
15:55hrs	100 meters	F	4	4
16:05hrs	100 meters	F	5	4
16:15hrs	100 meters	M	1	4
16:25hrs	100 meters	M	2	4
16:35hrs	100 meters	M	3	4
16:45hrs	100 meters	M	4	4
16:55hrs	400 meters	F	1	4
17:05hrs	400 meters	F	2	4
17:15hrs	400 meters	F	3	4
17:25hrs	400 meters	F	4	4
17:35hrs	400 meters	M	1	4
17:45hrs	400 meters	M	2	4
17:55hrs	400 meters	M	3	4
18:05hrs	400 meters	M	4	4
18:15hrs	800 meters	F	1	8
18:25hrs	800 meters	M	1	8
18:40hrs	4x400 meters Relay	F	1	16
18:55hrs	4x400 meters Relay	M	1	16







Entry Form  
Female Events

- |              |                    |                  |
|--------------|--------------------|------------------|
| 1. 100 Dash  | 11. 400 Hurdles    | 21. Hammer Throw |
| 3. 200 Dash  | 13. 4 x 100m Relay | 23. Long Jump    |
| 5. 400 Dash  | 15. 4 x 400m Relay | 25. Triple Jump  |
| 7. 800 Run   | 17. Shot Put       | 27. High Jump    |
| 9. 1,500 Run | 19. Javelin Throw  | 29. 100 Hurdles  |

Team \_\_\_\_\_ Abrev. \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Address/E-mail \_\_\_\_\_ Coach \_\_\_\_\_

Name	Event #	Time/Mark	Meet	Date/Year
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				
16.				
17.				
18.				
19.				
20.				
21.				
22.				
23.				
24.				
25.				
26.				
27.				
28.				
29.				
30.				
31.				
32.				
Relay 4 x 100 – Yes ( ) No ( )				
Relay 4 x 400 – Yes ( ) No ( )				

Send to: [manuel.dejesus@sagrado.edu](mailto:manuel.dejesus@sagrado.edu)

In the Meet Column you have to indicate the name of the meet where the time/mark was established, If time/mark cannot be confirmed the entry will NOT be accepted.





Entry Form  
Male Events

- |               |                    |                 |
|---------------|--------------------|-----------------|
| 2. 100 Dash   | 14. 4 x 100m Relay | 24. Long Jump   |
| 4. 200 Dash   | 16. 4 x 400m Relay | 26. Triple Jump |
| 6. 400 Dash   | 18. Shot Put       | 28. High Jump   |
| 8. 800 Run    | 20. Javelin Throw  |                 |
| 10. 1,500 Run | 22. Hammer Throw   |                 |

Team \_\_\_\_\_ Abrev. \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Address/E-mail \_\_\_\_\_ Coach \_\_\_\_\_

Name	Event #	Time/Mark	Meet	Date/Year
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				
16.				
17.				
18.				
19.				
20.				
21.				
22.				
23.				
24.				
25.				
26.				
27.				
28.				
29.				
30.				
31.				
32.				
Relay 4 x 100 – Yes ( ) No ( )				
Relay 4 x 400 – Yes ( ) No ( )				

Send to: [manuel.dejesus@sagrado.edu](mailto:manuel.dejesus@sagrado.edu)

In the Meet Column you have to indicate the name of the meet where the time/mark was established, If time/mark cannot be confirmed the entry will NOT be accepted.





For more information, contact:

Manuel De Jesús  
Meet Management  
[manuel.dejesus@sagrado.edu](mailto:manuel.dejesus@sagrado.edu)

Noel Cedeño  
Competition Secretariat  
[cede2671@gmail.com](mailto:cede2671@gmail.com)  
Tel. (787) 617-1414

Michael Serralta  
NACAC Technical Delegate  
[mserralta.nacac@gmail.com](mailto:mserralta.nacac@gmail.com)  
Tel. (787) 402-7130

Víctor López  
Founder/ President of FUPPDA & Meet Organizer  
[victorlopezpgp@gmail.com](mailto:victorlopezpgp@gmail.com)  
Tel. (787) 367-1421

