



## COMPETITION SCHEDULE

### SCHEDULE OF EVENTS – DAY 1 – THURSDAY, MARCH 18, 2021

TIME	EVENTS	GENDER	PARTICIPANTS
09:00hrs	Hammer Throw	F	8
09:00hrs	Shot Put	M	8
11:30hrs	Shot Put	F	8
12:00hrs	Hammer Throw	M	8
15:00hrs	Javelin Throw	F	8
17:00hrs	Javelin Throw	M	8

### SCHEDULE OF EVENTS – DAY 2 – FRIDAY, MARCH 19, 2021

TIME	EVENTS	GENDER	SERIES	PARTICIPANTS
09:00hrs	Long Jump	F	-	8
11:30hrs	Long Jump	M	-	8
15:00hrs	400 meters Hurdles	F	1	4
15:15hrs	400 meters Hurdles	F	2	4
15:45hrs	4x100 meters Relay	F	1	16
16:00hrs	4x100 meters Relay	M	1	16
16:15hrs	1,500 meters	F	1	12
16:30hrs	1,500 meters	M	1	12
16:45hrs	200 meters	F	1	4
16:55hrs	200 meters	F	2	4
17:05hrs	200 meters	F	3	4
17:15hrs	200 meters	F	4	4
17:25hrs	200 meters	F	5	4
17:35hrs	200 meters	F	6	4
17:45hrs	200 meters	M	1	4
17:55hrs	200 meters	M	2	4
18:05hrs	200 meters	M	3	4
18:15hrs	200 meters	M	4	4
18:25hrs	200 meters	M	5	4





### SCHEDULE OF EVENTS – DAY 3 – SATURDAY, MARCH 20, 2021

TIME	EVENTS	GENDER	SERIES	PARTICIPANTS
09:00hrs	High Jump	F	-	8
09:00hrs	Triple Jump	F	-	8
11:30hrs	High Jump	M	-	8
11:30hrs	Triple Jump	M	-	8
15:00hrs	100 meters Hurdles	F	1	6
15:25hrs	100 meters	F	1	4
15:35hrs	100 meters	F	2	4
15:45hrs	100 meters	F	3	4
15:55hrs	100 meters	F	4	4
16:05hrs	100 meters	F	5	4
16:15hrs	100 meters	M	1	4
16:25hrs	100 meters	M	2	4
16:35hrs	100 meters	M	3	4
16:45hrs	100 meters	M	4	4
16:55hrs	400 meters	F	1	4
17:05hrs	400 meters	F	2	4
17:15hrs	400 meters	F	3	4
17:25hrs	400 meters	F	4	4
17:35hrs	400 meters	M	1	4
17:45hrs	400 meters	M	2	4
17:55hrs	400 meters	M	3	4
18:05hrs	400 meters	M	4	4
18:15hrs	800 meters	F	1	8
18:25hrs	800 meters	M	1	8
18:40hrs	4x400 meters Relay	F	1	16
18:55hrs	4x400 meters Relay	M	1	16

