



15th CAROLINA SPRING BREAK CLASSIC

City of Carolina, Puerto Rico

Department of Sports of the City of Carolina

North America, Central America, and Caribbean Athletics Association – NACAC AA

Puerto Rico Athletic Federation – FAPUR

Puerto Rico Foundation for the Development of Athletics (FUPPDA)

March 18-20, 2021

SPECIAL TECHNICAL & ORGANIZATIONAL RULES AND REGULATIONS ESTABLISHED IN ORDER TO COMPLY WITH THE CURRENT SITUATION DUE TO THE COVID-19:

- There will be no spectators present at any moment before, during and after the meet.
- Field events will have a total of four (4) attempts per participant.
- The meet will be for Senior International Athletes from WA National Federations, University Students-Athletes, High Performance Club Athletes and U20 athletes that meet the standards within the top best marks of the projected number of entries for each event. For the selection of the participants in each event we will take in consideration the marks of 2019 and/or 2020 or any legit mark done in 2021. The Meet Organizational Committee will have the absolute right to accept or not the individuals(s) entries.

(DUE TO COVID-19 SCENARIO, THE MAXIMUM EVENTS AND ENTRIES ALLOCATED FOR THIS YEAR EDITION ARE THE FOLLOWING)

EVENT(S)	GENDER	ENTRIES
100 meters	F	24
100 meters	M	24
200 meters	F	24
200 meters	M	24
400 meters	F	16
400 meters	M	16
800 meters	F	8
800 meters	M	8
1500 meters	F	12
1500 meters	M	12
400 meters Hurdles	F	8
4x100 meters Relay	F	12
4x100 meters Relay	M	12
4x400 meters Relay	F	8
4x400 meters Relay	M	8





Long Jump	F	8
Long Jump	M	8
Triple Jump	F	8
Triple Jump	M	8
High Jump	F	8
High Jump	M	8
Shot Put	F	8
Shot Put	M	8
Javelin Throw	F	8
Javelin Throw	M	8
Hammer Throw	F	8
Hammer Throw	M	8
TOTAL PARTICIPANTS	--	312

Events run in lanes will have an open lane between each participant. (100m, 200m, 400m, 4x100m).

The Department of Health and the Department of Sports of the City of Carolina will provide the support and the control of the health requirements for each person (athletes, coaches, technical officials, technical support personnel and the limited media personnel, that will be allowed to enter the facilities).

ALL ATHLETES, OFFICIALS, COACHES, TECHNICAL PERSONNEL, MEDIA PERSONNEL AND ANYONE THAT WILL BE INVOLVED WITH THE MEET ORGANIZATION AND THE COMPETITION MUST PRESENT AN OFFICIAL ID AND A CERTIFICATE WITH THE NEGATIVE RESULT OF THE COVID - 19 ANTIGEN TEST DONE WITHIN 72 HOURS OF THE START OF THE MEETING. ATHLETES COMING FROM OUTSIDE PUERTO RICO MUST PRESENT A CERTIFICATE WITH THE PCR NEGATIVE COVID-19 TEST DONE 72 HOURS PRIOR TO ARRIVAL IN PUERTO RICO. THE USE OF THE MASK WILL MUST BE REQUIRED AT ALL TIMES EXCEPT WHEN THE ATHLETE IS ACTUALLY COMPETING. IN FIELD EVENTS THE ATHLETE(S) WILL BE REQUIRED TO USE THE MASK WHILE HE OR SHE IS NOT COMPETING.

Competition Dates: Thursday, March 18 to Saturday, March 20, 2021

Location: Basilio Rodriguez Athletic Stadium, Carolina, Puerto Rico

Competition Divisions: University athletes from invited universities from USA and LAI and invited athletes from the Puerto Rico National Team and international athletes from the NACAC Area and other WA National federation.





- Rules of the Competition:** WA rules and NCAA where they may apply.
- Local Transportation:** The City of Carolina will provide local transportation to visiting universities from USA and invited international athletes, to and from the airport, to and from the hotel to training venues and to and from competition site with previous arrangement with the Organizing Committee. You must let us know your arrival and departure itinerary training program beforehand.
- Facilities:** The Basilio Rodriguez Stadium has a brand new 400 meters Beynon Class 2 WA Certified track, and seating capacity for 3,000 spectators with all field events facilities.
- Parking:** There are plenty of parking spaces at the facilities.
- Medical Services:** Paramedics will be on site for any emergency as well as an ambulance.
- Warm up:** Preliminary warm up will be done in the basketball arena if it is available and in the road behind the arena before reporting to the call room.
- Trainers:** Tents will be provided in the green areas outside lane eight and at the green area after the finish line.
- Call Room:** Athletes in running events must check in at least an hour before their event at the Secretariat and call room area. Athletes that do not comply with this rule will be scratch from the event.
- Weight in:** All implements must be turn in and weighted in by the Technical Director at least two (2) hours before the start of the first throwing event each day for proper certification of such implements. Attempts In the throwing events and in the horizontal jumps the athletes will compete in groups and each competitor will have four attempts.
- NACAC Technical Delegate:** Prof. Michael A. Serralta
- Officials:** The AOAN will be officiating the competition.
- Secretariat:** Prof. Manuel de Jesus - S.O.D.M. Meet Management





Photo Finish: TIEMPO DE LLEGADA, INC. – Profs. Wilson Morales/Noel Cedeño

Competition Director: Prof. Ana A. Sabala

Technical Director: Prof. Jorge L. Ortiz

Entries: Entries must be done online no later than Friday, March 12th, 2021, to Prof. Manuel De Jesús using the official entry form at, www.sodmpr.com to Manuel de Jesus, manuel.dejesus@sagrado.edu with copy to Prof. Michael Serralta, at mserralta.nacac@gmail.com . No late entries will be accepted.

Since we are running heats against time it is a must that you enter a legit time for each competitor. Failing to do this means that your athlete will not be accepted in the meeting.

Final Declarations: Final declarations and scratches in running events must be done at least an hour before the start or as soon as possible. This is compulsory, and the head coach must notify Prof. Manuel De Jesús or Prof. Noel Cedeño at the Secretariat. Field events participants must report directly to the competition site.

Uniforms: Athletes must wear the official school or club uniform. Bib numbers will be issued to all athletes and must be used by all the athletes.

Awards: A T-shirt will be awarded to the first three places in all the individual events and relays. There will be two events with prize money, 400 hurdles female and 800 meters male. The prize money breakdown will be: \$500.00, \$300.00, \$200.00. For the first three places.

Results: Will be posted as soon as possible in the bulletin board located behind the stands in the stadium and in the following web page: sodmpr.com and tiempodellegada.com.

