



16th CAROLINA SPRING BREAK CAMP/CLASSIC

City of Carolina, Puerto Rico
Department of Sports of the City of Carolina
North America, Central America, and Caribbean Athletics Association – NACAC AA
Puerto Rico Athletic Federation – FAPUR
Puerto Rico Foundation for the Development of Athletics (FUPPDA)
March 18-19, 2022

Dear Coach, Dear WA Federation:

It is pleasure to extent to you and your Federation/University/Club an invitation for the 16th Annual Carolina Spring Break Classic sponsored by The Department of Sports of the City of Carolina, the WACT-NACAC AA, by The Puerto Rico Athletics Federation – FAPUR and the Puerto Rico Foundation for the Development of Athletics (FUPPDA).

As you are all aware due to the Pandemic of COVID-19 we still observing the current Health Executive Orders from the Puerto Rico Department of Health. **At this point everybody entering the stadium and any warmup and competition areas must be fully vaccinated and will be required to show the official vaccination card or his/her VACU ID. If he or she are not fully vaccinated, they must present a PCR Test Result done 48 hours prior to the meet.** If there are any changes regarding the Executive Orders by the event's date, we will inform all respective parties as soon as possible. Plus, we will issue a press release.

SPECIAL TECHNICAL & ORGANIZATIONAL RULES AND REGULATIONS ESTABLISHED IN ORDER TO COMPLY WITH THE CURRENT SITUATION DUE TO THE COVID-19:

- To enter the stadium or any area of competition it is compulsory to be fully vaccinated or present a PCR Test Result done 48 hours prior to the event.
- Field events will have a total of four (4) attempts per participant.
- The meet will be for Senior International Athletes from WA National Federations, University Students-Athletes, High Performance Club Athletes that meet the standards within the top best marks of the projected number of entries for each event. For the selection of the participants in each event we will take in consideration the official results of 2021 and/or any legit result done in 2022. The Meet Organizational Committee will have the absolute right to accept or not the individuals(s) entries.

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**(MAXIMUM ENTRIES PER EVENT ALLOCATED FOR THIS YEAR EDITION ARE THE FOLLOWING)
(OPEN DIVISION)**

EVENT(S)	GENDER	ENTRIES
100 meters	F	32
100 meters	M	32
200 meters	F	32
200 meters	M	32
300 meters (Special Event)	M	8
400 meters	F	24
400 meters	M	24
600 meters (Special Event)	M	8
800 meters	F	12
800 meters	M	12
1500 meters	F	16
1500 meters	M	16
5000 meters	F	20
5000 meters	M	20
100 meters Hurdles	F	16
110 meters Hurdles	M	16
400 meters Hurdles	F	16
400 meters Hurdles	M	16
4x100 meters Relay	F	16
4x100 meters Relay	M	16
4x400 meters Relay	F	8
4x400 meters Relay	M	8
Long Jump	F	12
Long Jump	M	12
Triple Jump	F	12
Triple Jump	M	12
High Jump	F	12
High Jump	M	12
Shot Put	F	12
Shot Put	M	12
Javelin Throw	F	12
Javelin Throw	M	12
Hammer Throw	F	12
Hammer Throw	M	12
TOTAL PARTICIPANTS	--	544



The Department of Health and the Department of Sports of the City of Carolina will provide the support and the control of the health requirements for each person (athletes, coaches, technical officials, technical support personnel and the limited media personnel, that will be allowed to enter the facilities).

For invited participants from outside Puerto Rico, please let us know, as soon as possible, the following:

1. Confirmation of Participation.
2. Send to us as soon as possible, date of arrival with all the details (airline, flight number, a breakdown of the number of participants (athletes-males and females, coaches, other support personnel, etc.)
3. Information on departure.
4. A detailed training schedule if you are arriving before the competition days.

Send the above information to us via email.

The City of Carolina and the Organizing Committee is looking forward to hosting you and your athletes, therefore do not hesitate to contact us if you have any specific needs and questions.

Cordially,

ORGANIZING COMMITTEE

Prof. Víctor López Founder/ President of FUPPDA & Meet Organizer
Prof. Luis Reyes Director of the Department of Sports – City of Carolina
Prof. Luis Dieppa President of FAPUR
Prof. Michael Serralta NACAC Technical Delegate

Competition Dates: Friday, March 18 to Saturday, March 19, 2022

Location: Basilio Rodriguez Athletic Stadium, Carolina, Puerto Rico

Competition Divisions: University athletes from invited universities from USA and Puerto Rico and invited athletes from the Puerto Rico National Team and international athletes from the NACAC Area and other WA National federation.

Rules of the Competition: 2022 World Athletics Rules.





- Local Transportation:** The City of Carolina will provide local transportation to visiting universities from USA and invited international athletes, to and from the airport, to and from the hotel to training venues and to and from competition site with previous arrangement with the Organizing Committee. You must let us know your arrival and departure itinerary training program beforehand. The pick-up and drop off must be within the City of Carolina jurisdiction.
- Facilities:** The Basilio Rodriguez Stadium has a brand new 400 meters Beynon Class 2 WA Certified track, and seating capacity for 3,000 spectators with all field events facilities.
- Parking:** There are plenty of parking spaces at the facilities.
- Medical Services:** Paramedics will be on site for any emergency as well as an ambulance.
- Warm up:** Preliminary warm up will be done in the basketball arena if it is available and in the road behind the arena before reporting to the call room.
- Trainers:** Tents will be provided in the green areas outside lane eight and at the green area after the finish line.
- Call Room:** Athletes in running events must check in at least an hour before their event at the Secretariat and call room area. Athletes that do not comply with this rule will be scratch from the event.
- Weight in:** All implements must be turn in and weighted in by the Technical Director at least two (2) hours before the start of the first throwing event each day for proper certification of such implements. Attempts In the throwing events and in the horizontal jumps the athletes will compete in groups and each competitor will have four attempts.





- NACAC Technical Delegate: Prof. Michael A. Serralta
- Officials: The AOAN will be officiating the competition.
- Secretariat: Prof. Manuel de Jesus - S.O.D.M. Meet Management
- Photo-Finish: TIEMPO DE LLEGADA, INC. – Profs. Wilson Morales / Noel Cedeño
- Competition Director: Prof. Ana A. Sabala / Sr. John Sierra
- Technical Director: Prof. Jorge L. Ortiz
- Entries: Entries must be done online no later than Friday, March 11th, 2022, to Prof. Manuel De Jesús using the official entry form at, www.sodmpr.com to Manuel de Jesus, manuel.dejesus@sagrado.edu with copy to Prof. Michael Serralta, at mserralta.nacac@gmail.com . No late entries will be accepted.

Since we are running heats against time it is a **must** that you enter a legit time for each competitor. Failing to do this means that your athlete will not be accepted in the meeting.

- Final Declarations: Final declarations and scratches in running events must be done at least an hour before the start or as soon as possible. This is compulsory, and the head coach must notify Prof. Manuel De Jesús or Prof. Noel Cedeño at the Secretariat. Field events participants must report directly to the competition site.
- Uniforms: Athletes must wear the official school or club uniform. Bib numbers will be issued to all athletes and must be used by all the athletes.
- Awards: A T-shirt will be awarded to the first three places in all the individual events and relays. There will be prize money awarded for the first three places in the Herminio Isaac Classic 600m. for men.
- Results: Will be posted as soon as possible in the bulletin board located behind the stands in the stadium and in the following web page: tiempodellegada.com .



SCHEDULE OF EVENTS – DAY 1 – FRIDAY, MARCH 18, 2022

NUMBER	EVENTS	TIME	WOMEN	MEN	DAY
101	Hammer Throw	9:00 a.m.	X		Friday
102	Hammer Throw	11:00 a.m.		X	Friday
103	Shot Put	3:00 p.m.	X		Friday
104	Long Jump	3:00 p.m.	X		Friday
105	4 X 100 meters (U18)	3:30 p.m.	X		Friday
106	4 X 100 meters (U18)	3:40 p.m.		X	Friday
107	4 X 100 meters (Heat – 1)	3:50 p.m.	X		Friday
108	4 X 100 meters (Heat – 2)	4:00 p.m.	X		Friday
109	4 X 100 meters (U20)	4:10 p.m.		X	Friday
110	4 X 100 meters (Heat – 1)	4:20 p.m.		X	Friday
111	4 X 100 meters (Heat – 2)	4:30 p.m.		X	Friday
112	High Jump (18)	4:30 p.m.	X		Friday
113	Shot Put (U18)	4:30 p.m.		X	Friday
114	800 meters (U18)	4:40 p.m.	X		Friday
115	800 meters (U20)	4:50 p.m.		X	Friday
116	400 meters (U18)	5:00 p.m.	X		Friday
117	400 meters (U20)	5:05 p.m.	X		Friday
118	400 meters (U20)	5:10 p.m.		X	Friday
119	Triple Jump	5:15 p.m.		X	Friday
120	5,000 meters	5:20 p.m.	X		Friday
121	1,500 meters (18)	5:45 p.m.		X	Friday
122	200 meters (U18)	5:55 p.m.	X		Friday
123	Shot Put	6:00 p.m.		X	Friday
124	High Jump	6:00 p.m.	X		Friday
125	200 meters (Heat – 1)	6:05 p.m.	X		Friday
126	200 meters (Heat – 2)	6:15 p.m.	X		Friday
127	200 meters (Heat – 3)	6:25 p.m.	X		Friday
128	200 meters (Heat – 4)	6:35 p.m.	X		Friday
129	200 meters (U18)	6:45 p.m.		X	Friday
130	200 meters (Heat – 1)	6:55 p.m.		X	Friday
131	200 meters (Heat – 2)	7:05 p.m.		X	Friday
129	200 meters (Heat – 3)	7:15 p.m.		X	Friday
130	200 meters (Heat – 4)	7:25 p.m.		X	Friday
131	300 meters – SPECIAL EVENT	7:35 p.m.		X	Friday

SCHEDULE OF EVENTS – DAY 2 – SATURDAY, MARCH 19, 2022

NUMBER	EVENTS	TIME	WOMEN	MEN	DAY
201	Javelin Throw	12:00 p.m.		X	Saturday
202	400 meters hurdles (U18)	1:00 p.m.	X		Saturday
203	400 meters hurdles (Heat – 1)	1:10 p.m.	X		Saturday
204	400 meters hurdles (Heat – 2)	1:20 p.m.	X		Saturday
205	400 meters hurdles (U20)	1:30 p.m.		X	Saturday
206	400 meters hurdles (Heat – 1)	1:40 p.m.		X	Saturday
207	400 meters hurdles (Heat – 2)	1:50 p.m.		X	Saturday
208	100 meters (U18)	2:00 p.m.		X	Saturday
209	100 meters (Heat – 1)	2:10 p.m.	X		Saturday
210	Long Jump	2:00 p.m.		X	Saturday
211	100 meters (Heat – 2)	2:20 p.m.	X		Saturday
212	100 meters (Heat – 3)	2:30 p.m.	X		Saturday
213	100 meters (Heat – 4)	2:40 p.m.	X		Saturday
214	100 meters (U20)	2:50 p.m.		X	Saturday
215	Javelin Throw	3:00 p.m.	X		Saturday
216	High Jump	3:00 p.m.		X	Saturday
217	100 meters (Heat – 1)	3:00 p.m.		X	Saturday
218	100 meters (Heat – 2)	3:10 p.m.		X	Saturday
219	100 meters (Heat – 3)	3:20 p.m.		X	Saturday
220	100 meters (Heat – 4)	3:30 p.m.		X	Saturday
221	800 meters	3:35 p.m.	X		Saturday
222	800 meters	3:45 p.m.		X	Saturday
223	Triple Jump	4:00 p.m.	X		Saturday
224	100 meters hurdles (U18)	4:00 p.m.	X		Saturday
225	100 meters hurdles (Heat – 1)	4:10 p.m.	X		Saturday
226	100 meters hurdles (Heat – 2)	4:20 p.m.	X		Saturday
227	110 meters hurdles (U20)	4:35 p.m.		X	Saturday
228	110 meters hurdles (Heat – 1)	4:45 p.m.		X	Saturday
229	110 meters hurdles (Heat – 2)	4:55 p.m.		X	Saturday
230	400 meters (Heat – 1)	5:05 p.m.	X		Saturday
231	400 meters (Heat – 2)	5:15 p.m.	X		Saturday
232	400 meters (Heat – 3)	5:25 p.m.	X		Saturday
233	400 meters (Heat – 1)	5:35 p.m.		X	Saturday
234	400 meters (Heat – 2)	5:45 p.m.		X	Saturday
235	400 meters (Heat – 3)	5:55 p.m.		X	Saturday
236	600 meters “Herminio Isaac Classic”	6:05 p.m.		X	Saturday
237	1,500 meters	6:15 p.m.	X		Saturday
238	1,500 meters	6:25 p.m.		X	Saturday
239	5,000 meters	6:35 p.m.		X	Saturday
240	4 X 400 meters (18)	6:55 p.m.	X		Saturday
241	4 X 400 meters	7:05 p.m.	X		Saturday
242	4 X 400 meters (18)	7:15 p.m.		X	Saturday
243	4 X 400 meters (20)	7:25 p.m.		X	Saturday
244	4 X 400 meters	7:35 p.m.		X	Saturday



For more information, contact:

Manuel De Jesús
Meet Management
manuel.dejesus@sagrado.edu

Noel Cedeño
Competition Secretariat
cede2671@gmail.com
Tel. (787) 617-1414

Michael Serralta
NACAC Technical Delegate
mserralta.nacac@gmail.com
Tel. (787) 402-7130

Víctor López
Founder/ President of FUPPDA & Meet Organizer
victorlopezpgp@gmail.com
Tel. (787) 367-1421

Luis Reyes
Director
Department of Sports and Recreation
lreyes@carolina.pr.gov
Tel. (787) 667-6063

